

## Home Delivered Meal Options

Name & Contact Information	Services Available
<p><b>Albany County Department for Aging Home Delivered Meal Program</b>            162 Washington Ave 6<sup>th</sup> Floor            Albany, NY 12210            Referral line: (518) 447-7177</p>	<p>Please note services listed below are kept general. Contact companies directly for a full list of amenities and services</p> <ul style="list-style-type: none"> <li>• One to two balanced meals delivered Monday through Friday.               <ul style="list-style-type: none"> <li>○ Frozen meals may be available for Saturday and Sunday.</li> </ul> </li> <li>• Individual receiving meals needs to be homebound, at least 60 years or older, has limited support through family and friends and has difficulties preparing meals independently.</li> <li>• Cost for meals is a voluntary suggested donation.</li> </ul>
<p><b>The Healing Meals</b>            113 Everett Road            Albany, NY 12205            (518) 469-5871            Email: <a href="mailto:thehealingmeals@gmail.com">thehealingmeals@gmail.com</a>  <a href="http://www.thehealingmeals.com">www.thehealingmeals.com</a></p>	<ul style="list-style-type: none"> <li>• Hours of operation:               <ul style="list-style-type: none"> <li>○ Mondays and Fridays 4:00pm-6:00pm</li> <li>○ Tuesdays and Saturdays 11am-1:00pm</li> </ul> </li> <li>• Well balanced, fully prepared meals available</li> <li>• Order on-line or by calling.</li> <li>• Pick up or delivery options available.</li> <li>• Meals cost between \$12-\$15, breakfast option \$6.</li> </ul>
<p><b>Mom's Meals NourishCare</b>            3210 SE Corporate Woods Drive            Ankeny, Iowa 50021            1 (877) 508-6667  <a href="http://www.momsmeals.com">www.momsmeals.com</a></p>	<ul style="list-style-type: none"> <li>• Well balanced, fully prepared meals available.</li> <li>• Call or order meals on-line. Call center for cost of meals and packages.</li> <li>• Meal orders are shipped in quantities of 7, 10, 14, or 21 meals at a time.</li> <li>• Meals are shipped cold and are easily able to be re-heated in the microwave.</li> </ul>
<p><b>Senior Services of Albany</b>            20 Warren Street            Albany, NY 12202            (518) 465-6465 or (518) 465-3322  <a href="http://www.seniorservicesofalbany.com">www.seniorservicesofalbany.com</a></p>	<ul style="list-style-type: none"> <li>• Hot, cold or frozen prepared meal options available.</li> <li>• Hot meals delivered Monday-Friday.               <ul style="list-style-type: none"> <li>○ Frozen meal option available for Saturday and Sunday.</li> </ul> </li> <li>• Several meal packages available.               <ul style="list-style-type: none"> <li>○ Call center for cost of meals and packages.</li> </ul> </li> <li>• To find out if you are eligible for the government subsidized program through Albany County contact (518) 447-7177.</li> </ul>

**Note:**

Some Managed Long Term Care plans may also provide funding for meals. Contact your MLTC care manager to inquire further.

Other home delivery meal options are available by searching “home delivered meals” via the internet.